

Therapeutic Service - evening group

Therapeutic service is fixed term intervention programme for young people aged 10 -18 years old. Sessions are tailor-made to meet identified needs as assessed in the referral form.

Key therapeutic aims; Managing anger, Stress management skills, Managing risk, Dealing with difficult situations, Communication skills, Working with others (teamwork), Friendships / Peer pressure, Keeping safe (home, school, community), Healthy lifestyles (food & exercise), Appreciating your personal qualities (learning to like yourself for who you are).

Young people attend one group per week, 6 - 8pm, plus transport which is provided within the main areas of Swindon. If a young person is unable to attend on a particular evening, we cannot always accommodate this due to the careful allocation based on risk, numbers, needs and/or abilities.

Contact details:

Swindon 10 to 18 Project (STEP)

Nythe Centre

The Drive

Swindon

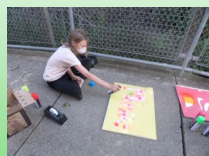
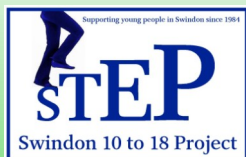
SN3 3RD

Tel: 01793 714042

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Web: www.swindonstep.org.uk

[Twitter.com/SwindonSTEP](https://twitter.com/SwindonSTEP)



Junior STEP - evening group

Junior Step is a fixed term programme to support primary school children aged 7 - 9 years old.

The group provides a nurturing, stable and safe environment with the same children attending on the same evening, with the same workers. This enables the children to develop meaningful and trusting relationships with both adult workers and their peers, providing a positive social outlet to make friends and learn new skills.

Children attend one group per week, 6 -7.30pm, and minibus transport is provided within the main areas of Swindon.

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Aspirations - evening group

Aspirations is a fixed term intervention programme that has been set up to support young people +13 years old, who are displaying significant emotional and anti-social behaviours that are affecting their educational attainment; focusing on identifying barriers to learning and how to overcome those barriers.

Young people attend one group per week, 6 - 8pm, plus transport which is provided within the main areas of Swindon.

Contact details:

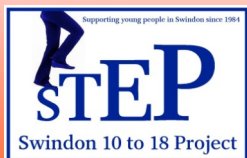
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Respite Service - Saturday daytime

Specifically for disabled young people aged 10 - 18 years old.

Young people attend every other Saturday, 11am - 1.30pm, plus transport which is provided within the main areas of Swindon.

The project offers centre-based group work sessions, structured by session plans, and some non centre-based activities such as visits to local parks, leisure and community facilities.

In centre-based sessions, young people have the opportunity to participate in a mixture of discussion, role play, activities and games focusing on the development of identified personal targets. Sport, art, drama, music and cooking are used as a framework for delivery.

Contact details:

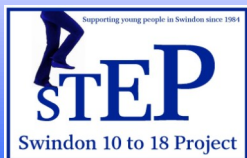
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